

Brief Developmental Milestones List

This is a very brief checklist of developmental milestone in children from 2 months of age to 5 years. It is intended only as a rough guidepost and NOT as an all inclusive description of development in the young child.

2 Months:

Gross Motor:

- Limited head control
- Reflexive limb movements

Fine Motor:

- Grasping reflex

Speech:

- Cooing and gurgling sounds

Social Skills:

- Developing social smiles
- Recognizing primary caregivers

4 Months:

Gross Motor:

- Improved head control
- Rolling from tummy to back
- Attempting to push up on forearms

Fine Motor:

- Voluntary hand movements
- Grasping objects

Speech:

- Babbling with consonant sounds
- Responding to voice with vocalizations

Social Skills:

- Increased responsiveness to faces and voices
- Recognizing familiar people

6 Months:

Gross Motor:

- Sitting with support
- Rolling both ways

- Starting to crawl

Fine Motor:

- Transferring objects between hands
- Raking objects with fingers

Speech:

- Babbling with more diverse sounds
- Responding to their name

Social Skills:

- Stranger anxiety may emerge
- Interest in playing peek-a-boo

9 Months:

Gross Motor:

- Crawling proficiently
- Pulling to stand
- Cruising along furniture

Fine Motor:

- Pincer grasp develops
- Exploring objects with fingers

Speech:

- Babbling with intonation
- Understanding simple words

Social Skills:

- Strong attachment to primary caregivers
- Enjoying social games

12 Months:

Gross Motor:

- Standing independently
- Taking first steps
- Walking with assistance

Fine Motor:

- Improved pincer grasp
- Feeding self with fingers

Speech:

- Saying first words
- Simple gestures like waving

Social Skills:

- Developing preference for certain toys
- Demonstrating likes and dislikes

15 Months:**Gross Motor:**

- Walking independently
- Climbing stairs with help
- Kicking a ball

Fine Motor:

- Turning pages of a book
- Building with blocks

Speech:

- Vocabulary expansion (5-10 words)
- Pointing to body parts

Social Skills:

- Parallel play with other children
- Expressing basic emotions

18 Months:**Gross Motor:**

- Running clumsily
- Throwing objects

Fine Motor:

- Scribbling with crayons
- Using a spoon

Speech:

- Combining two words
- Simple questions like "What's that?"

Social Skills:

- Playing alongside peers
- Imitating adults and other children

2 Years:

Gross Motor:

- Running with more coordination
- Jumping off low steps

Fine Motor:

- Building with larger blocks
- Using a fork and spoon

Speech:

- Expanding vocabulary (200+ words)
- Forming 2-3 word sentences

Social Skills:

- Parallel and interactive play
- Beginning to share toys

30 Months (2.5 Years):

Gross Motor:

- Climbing playground structures
- Pedaling a tricycle

Fine Motor:

- Drawing basic shapes
- Dressing with minimal assistance

Speech:

- Speaking in sentences (3-4 words)
- Storytelling with imagination

Social Skills:

- Cooperative play
- Beginning to understand rules and routines

3 Years:

Gross Motor:

- Running smoothly
- Catching a large ball

Fine Motor:

- Drawing recognizable shapes
- Using scissors with supervision

Speech:

- Expanding vocabulary (1000+ words)
- Forming longer sentences

Social Skills:

- Engaging in group activities
- Showing empathy and sharing

4 Years:**Gross Motor:**

- Hopping on one foot
- Climbing more complex structures

Fine Motor:

- Drawing recognizable objects
- Tying shoelaces with help

Speech:

- Fluent speech with complex sentences
- Storytelling with a beginning, middle, and end

Social Skills:

- Cooperative play with rules
- Developing friendships

5 Years:**Gross Motor:**

- Skipping and hopping with ease
- Riding a bicycle without training wheels

Fine Motor:

- Writing letters and numbers
- Using utensils proficiently

Speech:

- Full comprehension of language
- Expressing thoughts and ideas clearly

Social Skills:

- Complex interactions and negotiations
- Forming more lasting friendships

Remember, these are general guidelines, and individual development can vary widely. It's essential to consult with healthcare professionals and educators for a more accurate assessment of a child's development.